



stop! **Space Invader** is invading your brain!

Use Superflex's Very Cool Five-Step Power Plan to defeat this Unthinkable.

Power #1: The Decider power helps you to stop, describe, and decide the powers of the Unthinkable.



- **Space Invader** gets people to stand too close to others and move into other people's space because they're unaware of how close is too close.



Space Invader

Power #2: The Social Detective power helps you to observe the situation and the people in the situation.



- Your Social Detective notices that when people are together, they're often about one arm's length away from each other and have their head, hips, shoulders, and feet facing the people they're talking to. Also, citizens seem to have this invisible bubble around them, which is called "personal space." When someone is unaware of how close they are to someone else, this can cause the other person to feel really uncomfortable.
- Your detective notices that sometimes this space gets smaller and it's okay to be closer to people like when standing in the lunch line or sitting with a group at a table. The bubble may also become smaller when people are with others they know well, like parents, siblings, or close friends.

Power #3: The Brakester power helps you to stop and think to discover the hidden rules.



- It's expected that people stop to think about how close or far away they should stand from someone based on the situation and how well they know the person.

Power #4: The Flex Do-Body power helps you to use flexible thinking to choose strategies to use to do what's expected.



- Observe how people stand in groups and how their bodies are pretty organized about how far from or close they are to another person. Practice using the one-arm rule and standing with your head, hips, shoulders, and feet pointed toward the people you're with.
- Use self-talk at school or when with friends to help you think about how close you should be: "We're all talking in a group, so I should be about an arm's length away."
- Notice if people often take steps to move a little bit away from you when you interact with them. If they do, this may mean you're invading their space. If you notice people keep taking steps to get closer to you, this means they think you're standing too far away from them.

Power #5: The Cranium Coach power helps remind you to use your self-talk to tell yourself you've done well using new strategies.



- You can tell you've done this today when you can say to yourself: "I'm using my strategy of the one-arm rule and how to position my body when I'm around others, and I notice that people are feeling more calm and comfortable around me."