

RAINBOW GIRL



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Teaches people how to stay calm when something goes wrong.

**This
helps them feel better in tough
situations.**



SOCIAL DETECTIVE

Can observe not only what's going on with others **but** can also help you observe what it feels like inside of you.

What is he feeling?



What would you feel like around him?

What is she feeling?



What would you feel like around her?

What is he feeling?



What would you feel like around him?

What are they feeling?



What would you feel like around them?

What are they feeling?



What would you feel like around him?

FLEX DO BODY TOOLS:



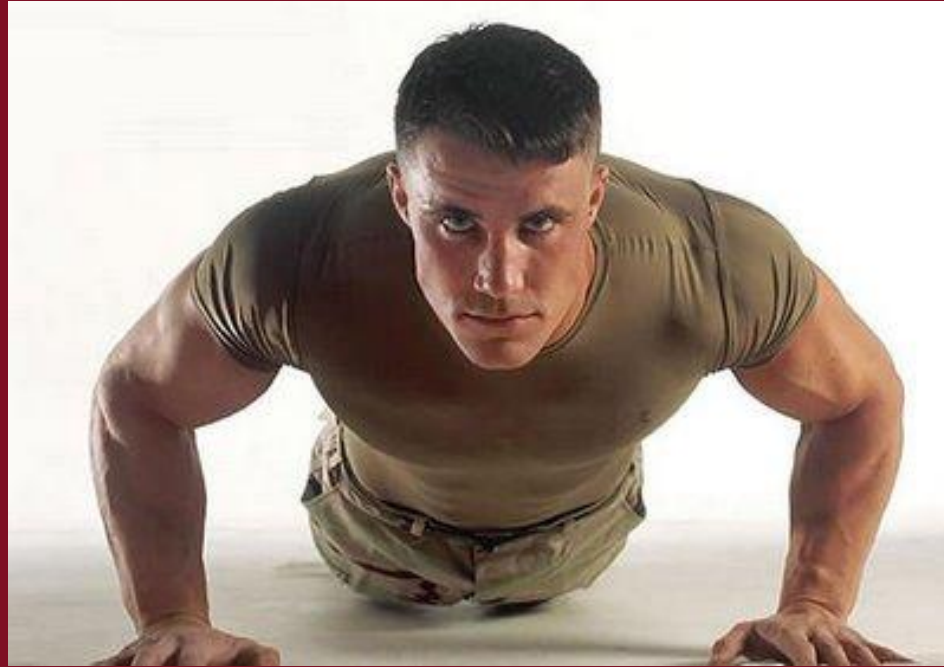
CALMING TOOLS:

massager



CALMING TOOLS:

exercise



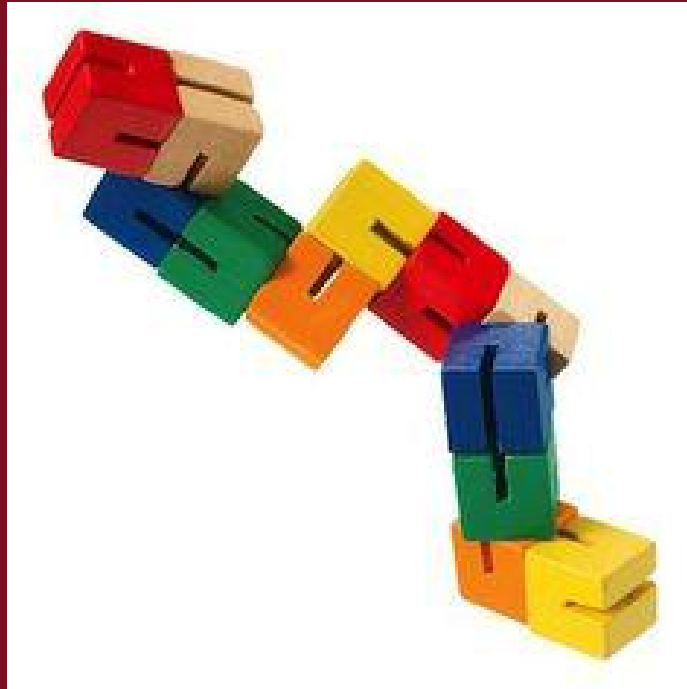
CALMING TOOLS:



QUIET ROOM

CALMING TOOLS:

fidgit



CALMING TOOLS:

Play Doh, Moon Sand, or Silly Putty



CALMING TOOL:

weighted blankets



CALMING TOOLS:

calming bottle



WHAT TOOL COULD YOU USE IN THESE SITUATIONS:



How can he feel like a “1?”



How can he feel like a “1?”



How can you feel like a “1?”



has a bad report card

How can you feel like a “1?”



is cheating on tests

How can he feel like a “1?”



How can he feel like a “1?”

